


Curriculum Vitae

Name	:	BISWAJIT DHALI	
Mailing Address	:	VILL.- UTTAR NISCHINTA, P.O. - ANALBERIA, P.S. - BHUPATINAGAR, DIST. - PURBA MEDINIPUR, PIN - 721444, WEST BENGAL, INDIA.	
E-mail	:	bpeddhali@gmail.com	
Phone Number	:	9647121103 / 9732637406	
Date of Birth	:	03/09/1991	
Academic Qualification	:	M.P.Ed., NET, SET.	
Designation	:	SACT – I	
Date of Joining at the college	:	17/07/2017	
Name of the college	:	Mugberia Gangadhar Mahavidyalaya	
Experience (Teaching/Research/Other)	:	<ul style="list-style-type: none"> • Teaching experience (Mugberia Gangadhar Mahavidyalaya) as Asst. Professor (SACT - 1) since 17.07.2017 to till now. • Ph.D. pursuing –29.11.2017 to till now at Jadavpur University. (Under the Guidance of Prof. Sudip Sundar Das) 	
Area of Specialization	:	Theory: Physiology of Exercise & Sports Biomechanics. Practical: Volleyball and Yoga.	
Publications (Numbers only) (details in the table below)	:	Journals : 06 Seminar Proceedings : 08	
Participation in Administrative activities (with details)	:	<ol style="list-style-type: none"> 1. Organizing an International level seminars & Workshops 2. Inter college sports meets. 	

❖ Educational Qualifications:

Examination passed	Board/University	Year of passing	Division
Madhyamik	WBBSE	2007	1 st
H.S.	WBCHSE	2009	1 st
B.A. (Honours in Bengali)	Vidyasagar University	2012	2 nd
B.P.Ed.	Vidyasagar University	2013	1 st
M.P.Ed.	Jadavpur University	2016	1 st
Ph.D.	Jadavpur University	2017 to till now	Pursuing
SET	WBSET - 2015	2016	
NET	UGCNET – 2017 & 2018	2018 & 2019	(National Fellow)

❖ Details of Research Contributions:

• Published Papers in Journals:

Sl. No.	Title with page no.	Journal	ISSN / ISBN No.	Year of Publication	Status of the publisher
1	<i>“Comparison of dynamic balance between two legs of three growth stages of children”</i>	International Journal of Physical Education, Sports and Health	2394-1685	2016	International
2	<i>“Comparison of physiological status between active and sedentary persons”</i>	"International Journal of Physical Education, Sports and Health"	2394-1685	2017	International
3	<i>“Comparison of physiological status between active and sedentary women”</i>	“International Journal of physiology, Nutrition and Physical Education”	2456-0057	2017	International
4	<i>Facilities of physical education and Sports in schools at sandeshkhali- I Block</i>	“International Journal of physiology, Nutrition and Physical Education”	2456-0057	2018	International
5	<i>Impact of socio-Economic status on health related physical fitness</i>	Indian Journal of health nutrition and physical education	2320-3552	2018	International
6	<i>Effect of Yoga on Insulin Resistance in Type 2 Diabetes: A Systematic Review and Meta-Analysis</i>	Clinical Diabetology	2450-7458	2023	International

• **Full papers in Conference Proceedings**

Sl. No.	Title with page no.	Details of Conference Publication with Year	ISSN / ISBN No.	No. of Co-author
1	“Comparison of Dynamic Balance among Children of Three Different Growth Stages Using Star Excursion Balance Test” P:447	Scientific Culture in Physical Education and Sports, Feb, 2016.	ISBN: 978-93-85446-45-0	02
2	“Comparison of Biomotorical Variables and Body Mass Index between Tribal and Non-Tribal Girls Student” P:1200	Scientific Culture in Physical Education and Sports, Feb, 2016.	ISBN: 978-93-85446-45-0	02
3	“Effect of Different Intensity Activity on Blood Glucose Level” P:165	“Emerging trends in fitness and sports sciences” 5-7 January, 2017.	ISBN: 978-93-85449-31-4	01
4	“Effect of Different Intensity Activity on Heart Rate and Blood Pressure” P:39-46	“Recent Development of Physical Education and Sports Science” 29th -30th Nov. 2016.	ISBN: 978-81-925345-9-2	01
5	“A Comparative Study on Relative Performance Analysis of Indian and Foreign Cricketers from Ipl-1 to Ipl-4” P: 208-221	Psychic Physical Education and Society, 11th 12th November, 2016	ISBN: 978-93-82623-83-0	01

• **Details of Seminar Participation - (Papers presented in Conferences/Seminars, Workshops)**

Sl. No.	Title of the paper presented	Title of Conference/ Seminar with date	Organized by	Level International / National /State etc.
1	“Comparison of Dynamic Balance among Children of Three Different Growth Stages Using Star Excursion Balance Test”	Global Conference on Scientific Culture in Physical Education & Sports Feb, 2016.	Department of Physical Education, punjabi University, Patiala	International
2	“Effect of Different Intensity Activity on Blood Glucose Level”	International Conference in Physical Education and Sports Science (ICPESS) 5-7 January, 2017.	Department of Physical Education, Manipal University, Jaipur	International
3	“A Comparative Study on Relative Performance Analysis of Indian and Foreign Cricketers from Ipl-1 to Ipl-4”	Psycho-Social Perspectives of Physical Education. From 11 th 12 th November, 2016	Department of physical education, Mugberia Gangadhar Mahavidyalaya	National
4	“Effect of Different Intensity Activity on Heart Rate and Blood Pressure”	Modern trends and development of physical education and sports, 29th - 30th Nov. 2016.	Department of physical education, Khejuri College	National
5	Impact of Socio-Economic Status on Health Related Physical Fitness	Multidimensional Approach for Academic Accomplishment of Physical Education as a True Profession, 13th& 14th July 2018	Department of physical education, Mugberia Gangadhar Mahavidyalaya	International
6	Comparison of Health Related Physical Fitness Between Two Age Group of School Going Boys	Multidimensional Approach for Academic Accomplishment of Physical Education as a True Profession, 13th& 14th July 2018	Department of physical education, Mugberia Gangadhar Mahavidyalaya	International
7	A Study on Physical Education and Sports Facilities of Schools at Sandeshkhali - II Block In North 24 Parganas District of West Bengal	Multidimensional Approach for Academic Accomplishment of Physical Education as a True Profession, 13th& 14th July 2018	Department of physical education, Mugberia Gangadhar Mahavidyalaya	International
8	A Comparative study on Relative performance Analysis of Indian And Foreign Cricketers In IPL – 2018	Multidimensional Approach for Academic Accomplishment of Physical Education as a True Profession, 13th& 14th July 2018	Department of physical education, Mugberia Gangadhar Mahavidyalaya	International
9	Workshop	Syllabus setup for B.P.Ed & M.P.Ed. Course (Format of Teaching and Coaching Lesson, Internship) 12 th to 17 th January, 2018.	Govt. Physical Education College for Women, Hoogly	Under the Auspices of Higher Education department, Science & Technology & Bio Technology, Govt. of W B
10	Workshop	The International Society for the Advancement of Kinanthropometry (ISAK) 11.02.18 to 13.02.18	Mugberia Gangadhar Mahavidyalaya, Mugberia, India	International
11	Workshop	7 Days National Workshop on Research Methodology and Statistical Analysis for Physical Education, June 19-25, 2019	Department of Physical Education, University of Kalyani	National

• **Research Guidance: M.P.Ed. Dissertation/Thesis Supervisor at Mugberia Gangadhar Mahavidyalaya**

Sl. No.	Scholar's Name	Year/Date	Title of the Thesis
1	Barin Baran Das	July, 2018	Influence of Socio-Economic Status on Health Related Physical Fitness of School Going Boys
2	Safiul Haque Mistry	July, 2018	A Study on Physical Education and Sports Facilities of Schools at Sandeshkhali - I & II Block in North 24 Parganas District of West Bengal
3	Unmesh Utthasani	July, 2019	Study on Stress and Blood Glucose Level of Aged School-Teachers
4	Rina Das	July, 2019	Immediate Effect of Varied Intensity of Running Activity on Blood Glucose Level
5	Sukdeb Mondal	July, 2020	Facilities of Physical Education and Sports in Secondary and Higher Secondary Schools of Mahishadal Block
6	Pinki Karan	July, 2020	Effect of Asana on Physiological Variables of Growing Young Girls: A Review Study
7	Surabhi Sen	July, 2020	Immediate Effect of Surya-Namaskar on Diabetes
8	Deepshikha Roy	July, 2020	Effect of Pranayama on Physiological Variables of Growing Young Girls : A Review Study
9	Tarun Mahata	July, 2020	Anaerobic Power and Speed Performance of Trained Athletes: A Reconnoiter on Relationship
10	Modhusudan Pramanik	July, 2020	Effect of Covid 19 Pandemic on Physical and Mental Health of General Population: A Review
11	Suman Dey	July, 2021	Prescribe Exercise on Type 2 Diabetes Mellitus - A Review Study
12	Suchitra Hembrom	July, 2021	Effect of Stress on Type 2 Diabetes Mellitus: A Review Study
13	Rimpa Patra	July, 2021	Diet for Type 2 Diabetes Mellitus - A Review Based Recommendation
14	Moumita Garani	July, 2022	A Study on Physical Fitness Status in Respect of Age
15	Parbati Hembrom	July, 2022	Comparison of Physical Fitness and Academic Achievement among Girls of Different Growth Stages
16	Rahul Laskar	July, 2023	Effect of Surya Namaskar on Depletion of Blood Glucose Level on Varied Ingestion
17	Rajesh Patra	July, 2023	Effect of 15 Minutes Exercise on Depletion of Blood Glucose Level on Varied Ingestion
18	Payel Chakraborty	July, 2023	Effect of 20 Minutes Running Exercise on Depletion of Blood Glucose Level on Varied Ingestion
19	Sharmistha Barman	July, 2023	Effect of 30 Minutes Brisk Walking on Depletion of Blood Glucose Level on Varied Ingestion

• **Training Courses, Teaching-Learning – Evaluation Technology Programmes, Faculty Development Programme:**

Sl. No.	Programme	Duration	Organized by
1	NCC (B)	Two Years	Mugberia Gangadhar Mahavidyalaya
2	BRATACHARI (Madhyamik)	15 Days	Mugberia Gangadhar Mahavidyalaya
3	Computer Application	6 Months	Contai Yuba Computer center

Date: - 17/07/2023

Place – Mugberia

Biswajit Ghali

Signature